



# Preventive Cardiology: The SHAPE of the Future

A satellite event during the annual scientific sessions of the American Heart Association,  
Monday, November 13<sup>th</sup>, 2006, Hyatt McCormick Hotel, Pullman Prairie Center,  
Chicago, IL

## Agenda

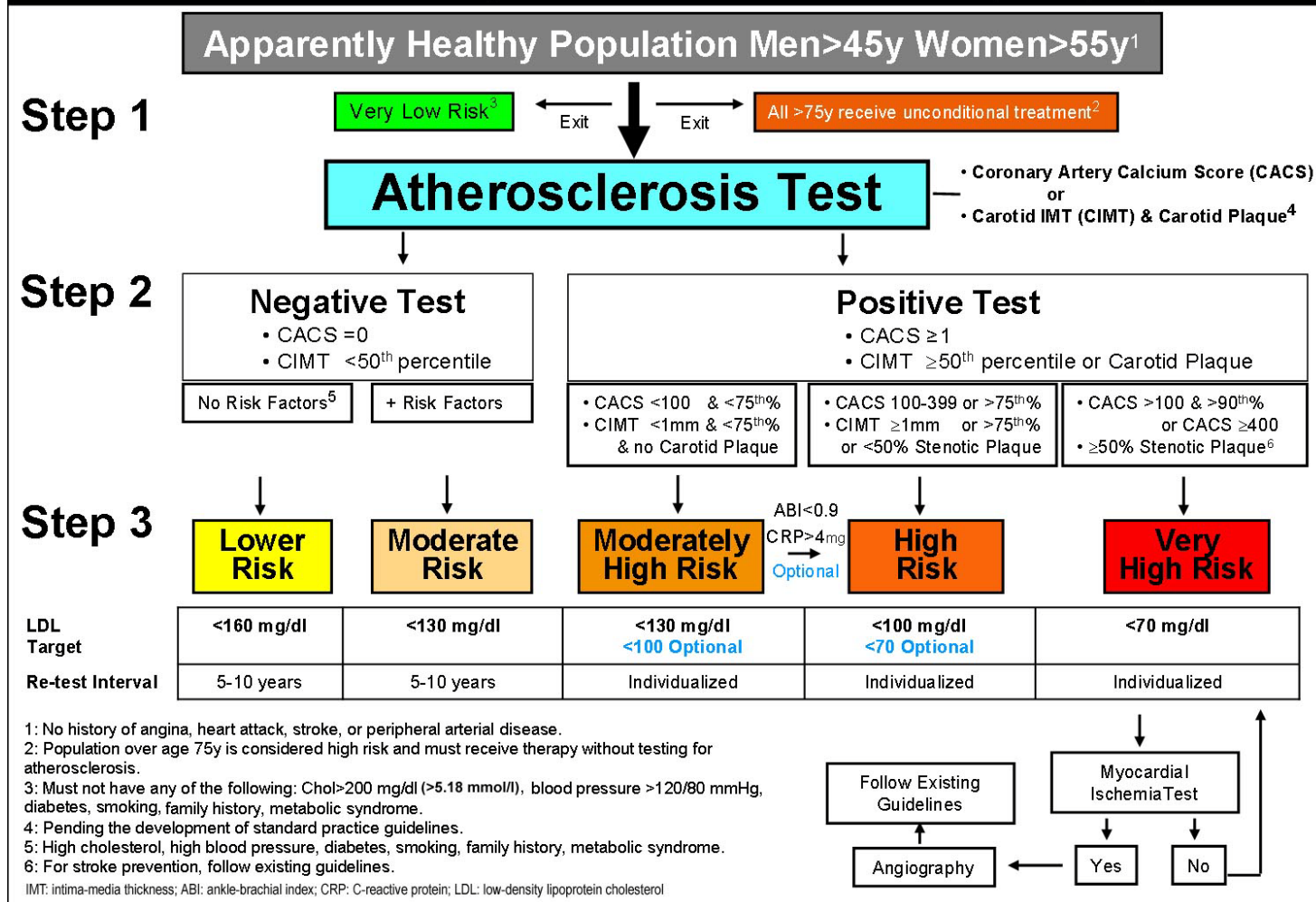
- Opening**  
7:00 – 7:10 PM      **Morteza Naghavi, M.D.**, Association for Eradication of Heart Attack, Houston, TX  
**SHAPE vs. Traditional Guidelines: Let's have a scientific debate.**
- Speaker I**  
7:10 - 7:30 PM      **Valentin Fuster, M.D., Ph.D.**, Mount Sinai Medical Center, New York, NY  
**From Screening for Atherosclerosis to Therapy with the Polypill**
- Speaker II**  
7:30 – 7:50 PM      **Daniel Berman, M.D.**, Cedars Sinai Medical Center, Los Angeles, CA  
**SHAPE vs. NCEP: Screening and Treatment Based on Atherosclerosis (SHAPE) vs. Risk Factors of Atherosclerosis (NCEP)**
- Speaker III**  
7:50 - 8:10 PM      **Mathew Budoff, M.D.**, Harbor UCLA Medical Center, Los Angeles, CA  
**The New AHA and ACC Guidelines for CAD Prevention: A Step in the Right Direction**
- Speaker IV**  
8:10 - 8:30 PM      **Erling Falk, M.D., Ph.D.**, Aarhus University, Aarhus, Denmark  
**Update on Pathology of Vulnerable Plaque and Vulnerable Patient**
- Speaker V**  
8:30 - 8:50 PM      **Zahi Fayad, Ph.D.**, Mount Sinai Medical Center, New York, NY  
**Update on Imaging of Vulnerable Plaque and Vulnerable Patient**
- Conclusion**  
8:50-9:00 PM      **Harvey Hecht, M.D.**, Lenox Hill Hospital, New York, NY  
**How to Practice the SHAPE Guideline**
- 9:00-9:30 PM      **Discussion Panel and Q & A with the SHAPE Task Force**

**9:30 - 10:30 PM**

**Late Night Social Drinks**

# The 1<sup>st</sup> SHAPE Guideline

Towards the National Screening for Heart Attack Prevention and Education (SHAPE) Program



**Source: The Executive Summary of the SHAPE Task Force Report, Am. J. Cardiology 2006, Vol. 98, Suppl 2H-15H**  
From Vulnerable Plaque to Vulnerable Patient – Part III

Introducing a New Paradigm for the Prevention of Heart Attack; Identification and Treatment of the Asymptomatic Vulnerable Patient. Screening for Heart Attack Prevention and Education (SHAPE) Task Force Report -Executive Summary

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